

The Asian Spa

A Contemporary Asian Spa Experience BY VEENA SIDHU

Winner of "The Award For Excellence - Best Spa" by Hospitality Asia Platinum Awards 2006/2007, The Asian Spa is truly a haven for rejuvenating the tired body and mind.

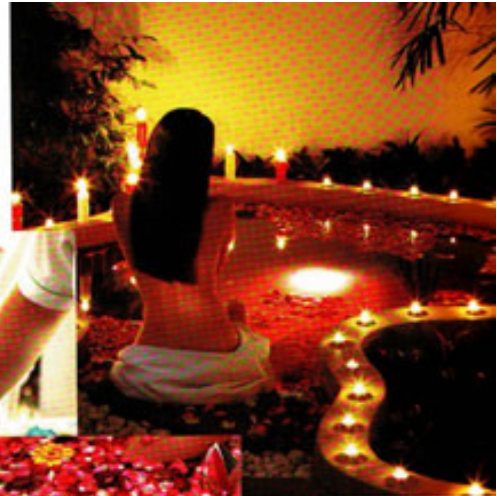
Located at Singapore's luxurious The Fullerton Hotel, The Asian Spa promises nothing less than top-to-toe pampering, all under one roof. Facilities include sizeable couple's spa suites, private treatment rooms, steam baths, saunas, a gymnasium and last but not least, a roof-top swimming pool offering a panoramic view of the Singapore River. Additionally, the spa was recently expanded to include a Beauty & Nail Bar, which offers additional specialised services such as foot reflexology, nail treatments and makeup and hairstyling services.

Service at The Asian Spa is gracious. Upon arrival, I was taken to a relaxing and tranquil waiting room where I was served herbal tea and briefed about my upcoming 90-minute Indonesian Massage, which incorporated long strokes to promote a sense of well-being.

Ten minutes into my massage and I was



completely relaxed. The scent of the burning aromatherapy oil, the quiet soothing music in the background, along with the soft hands of the masseuse unwinding the tight knots in my body took me quite promptly into another world. Before I knew it, the experience was over and I was told that I slept through the whole experience and even let some snores escape! Never before



have I fallen asleep during a massage - I left feeling truly relaxed and calm. A second visit is a must the next time I am in Singapore!

The Asian Spa at The Fullerton Hotel

Singapore is open daily from 10am - 11pm. Call The Asian Spa, The Fullerton Hotel, 1 Fullerton Square, Singapore 049178 at (+65) 6877 8182/3 or fax to (+65) 6225 2045 or email spacare@singnet.com.sg for more details.