



## **8** **Thali'sens treatment (2 hrs), \$342.40**

*The Aspara Spa, Goodwood Park Hotel, 22 Scotts Road, Tel: 6732 3933.*

Designed to mimic the peace and quiet of a rainforest, the spa suite is decorated with hanging vines, potted plants and earthy colours. The therapist massages your feet, head and face to reduce tension, then a body scrub using red sea salt gel gently exfoliates skin. A mud paste made of seaweeds and cocoa bean powder is applied. After rinsing, you are treated to the Onde Boisee body massage, which relaxes the muscles and clears the mind.